

Darley Neighbourhood House & Learning Centre

Newsletter

August
2020



Latest Update

A big hello to everyone!
With Stage 3 restrictions still upon us, the House remains closed.

This comes after the gradual and cautious welcoming of a couple of groups back to the House during July. While this was short lived, it was certainly so lovely to see some familiar faces again.

The restrictions will see the House remain closed for the remainder of Term 3 and we will have to wait and see what is in store for Term 4, depending on restrictions and health advice.

We continue to be committed to staying connected with you during this time through our Facebook page and this newsletter. We are also happy to give you a call and have a chat as well, please send us an email to info@dnhlc.org.au if you would like us to give you a call.



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Armchair Entertainment

Still looking for ideas to fill in your time? Here are some more sites we think you might enjoy.

The Penguin Parade, Phillip Island

<https://www.facebook.com/PhillipIslandNatureParks>

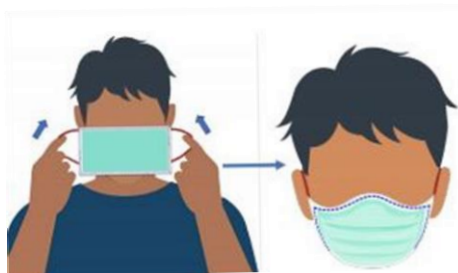
The National Gallery of Victoria have some free opportunities available online for all ages. Take a look!!

<https://www.ngv.vic.gov.au>

Arty Crafty Afternoons

How to make a mask – DHHS website

https://www.dhhs.vic.gov.au/sites/default/files/documents/202007/Design%20and%20preparation%20of%20cloth%20mask_0.pdf



Free online Yoga – with Leticia



Yoga with Leticia is one of our most Popular classes.

Leticia has very kindly offered to run a FREE ONLINE session via Zoom for those who would like to register and experience this new way of connecting.

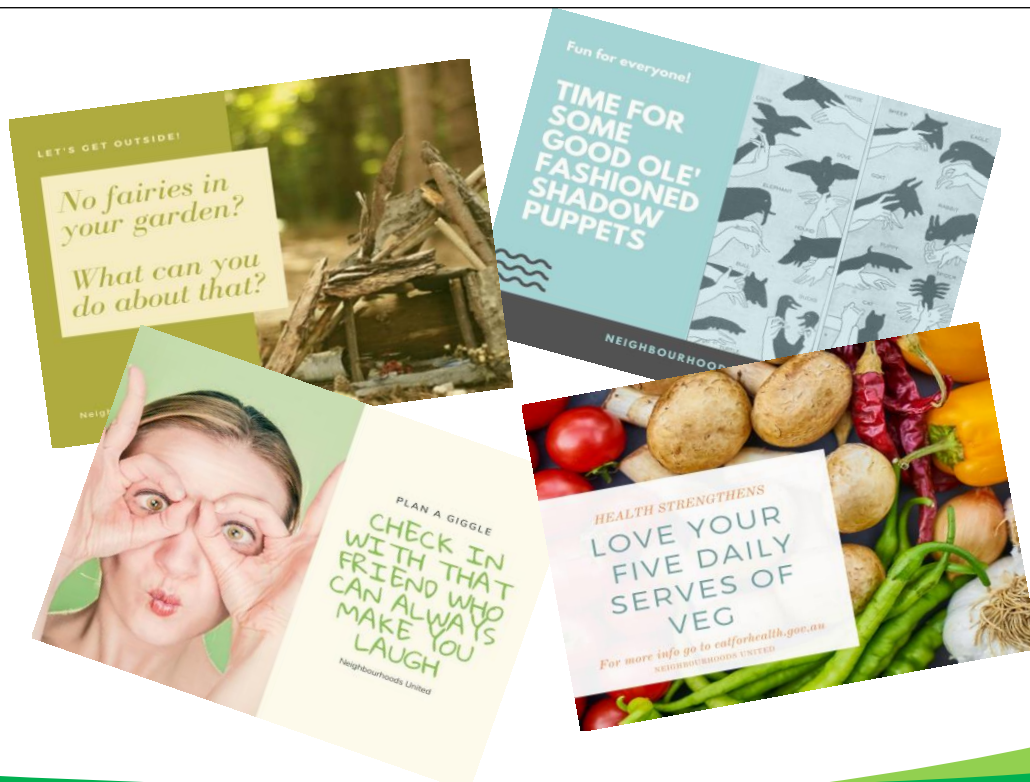
Seeking Expressions of Interest

We are currently seeking Expressions of Interest for the following online classes:

Learn how to make Dumplings

Meditation and Relaxation Techniques

These classes will be run on Zoom. To register your interest please email info@dnhlc.org.au



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Recipe Corner

Chicken & Corn Soup (Cheats Version - quick and easy)

1 Packet of Chicken Noodle Soup
1 small Can Creamed Corn
1 Egg

Method:

Make up Chicken Noodle Soup according to packet instructions.
Stir in Creamed Corn and return to gentle simmer.
Add beaten Egg, stir and remove from heat.



This soup is a delicious hearty snack or meal as is, but you can add your own touch according to your taste. Some suggestions are: Shredded chicken, garlic, ginger, parsley, soy sauce, salt, pepper.

Enjoy!!!!



Recipe Share PROJECT

As part of Neighbourhood House Week DNH is launching a Recipe Share Project. This is the first of a series of projects to capture our activities and experiences during these interesting and challenging times.

For many of us staying at home has meant more time in the kitchen. To capture these kitchen moments, we are asking you to share with us your favourite recipe or a new recipe that you have tried while staying at home. Send a photo too if you have one! We will compile these recipes and photos into a DNH community recipe book. This book will document our extra time in the kitchen during these unprecedented times and will be something to look back in years to come.

Email your contribution to info@dnhlc.org.au

We look forward to receiving recipes of all kinds; intricate through to easy and all meals including breakfast, lunch, dinner, sweet, savoury and snacks.

This project was an initiative launched during Neighbourhood House Week.

We are keen to receive your contributions.

Email your recipes to info@dnhlc.org.au