



Moorabool University of the Third Age

Ballan GP Super Clinic Celebration

Ballan District Health and Care held an opening celebration for it's GP Super Clinic on Saturday the 3rd of October. Cowie Street was closed off for the celebration with BBQs, health activities, Community groups and entertainment.

Moorabool U3A was asked to be present to encourage participation in

the mental skills of chess games. There were two chess boards setup and both were in use with Peter Matters and Christopher Dargan giving support to the guests. Also present to promote our U3A was Jackie Matters, Gail D'Elton and Eric Daws.



Recent Tea Time Talks

At the September Tea Time Talk we had the local Vet, Peter Shilton as our guest speaker. His subject was ageing pets. Amongst other things we learnt a new name for the ailment, dogzheimers. Yes they too can have their own dementia! Peter also enlightened us with snippets of facts about animal's acute senses. A very informative veterinary talk.



Photo digitally enhanced

October, following the Special General Meeting (see item right on incorporation) we had Mirko Cugura as the guest speaker. Mirko gave us a good explanation of the financial advice industry, detailing how it works and how to select a good adviser. He reminded us of the old adage of *if you don't ask the right question then you won't get the right answer*. This was another TTT where we ran out of time to cover another interesting subject. Mirko volunteered to provide us with financial news to be used in this newsletter; 3-news.

November 2009

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Incorporation

At the Special General meeting held on the 19th October 2009, the resolution to discard the existing rules and to adopt the model rules with amendments and for our U3A to become an incorporated association was carried unanimously. The application form and copies of the rules have been lodged with Consumer Affairs. The process is under way.

Australian History — Course Leader—Gail D'Elton

Wednesday 2:00 to 4:00.

In this Class, we have been looking at how Australia was settled. We have studied the original inhabitants of our land, the first ten Governors, the Convict Era, the Gold



Rushes, Peter Lalor and Caroline Chisholm. We are presently studying how and when the six colonies were established. We will then look at some

of the epic journeys of the courageous early explorers and pioneers and all about how Federation was achieved, and then to go on to look at the more modern history of the 20th century.

Card and Board Games — Group Leaders — Jean Adams & Marian Harvey

Tuesday 10:00 to Noon.

We have card games like Bridge, Crazy Whist, Euchre, and Canasta. Together with Board games of Backgammon, Monopoly, and

Scrabble, these games can be played concurrently with players choosing their choice of game including



Dominoes, Bridge and Chess. See page 3 for details of Bridge and below for details of Chess.

Mahjongg — Course Leader — Jan White

Monday 9:30 to 12:30

Mahjongg, is originally a Chinese game over two thousand years old. Jan is



teaching us the basics of the 'Western' or Australian version of Mahjongg. You

will need to purchase a book which sets out the moves and the terminology of the game.

Reading Group — Course Leader — Yvonne Daws

Thursday 10:00 to Noon

From the 8th October to the 10th December we will be meeting on Thursdays 10am to 12 noon. We talk about the books we are reading and exchange information and opinions

on matters literary and social in congenial atmosphere whilst sipping good tea or coffee.

Interesting discussions have been around books with an historical

context both Australian and world, and the quality the research our chosen authors have done in their works.

As more people join the group our topics range more widely, and we

Computer Studies — Course Leader — Eric Daws

Tuesday 2:00 to 4:00PM

This course is not being run in a structured format, but as supportive to the needs of the group. Additional

material is added to make the course as interesting as possible. Discussion of previous weeks activities



can lead to expansion of a particular topic. Using PowerPoint to make

Chess — Course Leader — Peter Matters

Tuesday 10:00 to Noon.



Chess is a fascinating and competitive game played between two players.

Come along and be involved in this engrossing game. Demonstrations are being held at the Bacchus Marsh

Village shopping centre on the second Saturday.

Conversational German — Course Leader — Peter Matters

Monday 10:00 to Noon.

Our U3A German class is for people who speak only English. The aim is to master the art of conversation in

German which requires learning a certain amount of grammar. The class improves one's knowledge while

being informative. Those who attend the classes find them good fun.

Clutter Busting — Course Leader — June Fryer

1:00 pm to 3:00 pm (12th Nov and 19th Nov 09)

This course is designed to be conducted across two sessions on separate days.

Unnecessary clutter in your house and your life can cause distress! Come along to a



lively and fun discussion group and learn how to organise yourself and your life through a series of tips and suggestions. Try out some ideas and come back

to the next session to discuss how it worked. Learn how to say “no” to anyone who clutters up your life. Time will be allowed for individual problem solving.

Quilting Group — Course Leader — Judy Alcock

10:00 am to 1:00 pm

This course is conducted around machine quilting techniques. Bring along your sewing machine and learn

the skills of patchwork. We will start with a traditional pattern and explore ways of choosing and enjoying

colour. Materials will be supplied or you can bring your own to make your quilt. Of the materials supplied you

Bridge — Course Leader — Alex Smith

Tuesday 10:00 to Noon.

Contract bridge, or just **bridge**, is a trick-taking card game played by four players who form two partnerships.

The game consists of the auction (often called bidding) and play, after which the hand is scored.

(Wikipedia)

We need more people to register with Gail for this group to start.

A Shakespeare Group will start in the first Term 2010

A busy October for Moorabool U3A Executive

October was a busy time for our Executive. Starting with the Ballan celebrations (see front page), the Victorian Seniors Festival running from the 6th to the 11th October, and the monthly promotion at the Bacchus Marsh Village shopping centre and to meetings with shire officials (we hope to have a report for you next month). This is only a brief listing of activities attended.

The Seniors Festival was preceded by both Gail and Eric attending the Council On The Ageing (COTA) Victorian Seniors Conference 2009 on older people as leaders and change agents. It was a good opportunity to network with other organisations and U3As. The conference focused

on older people as leaders and social activists, and the strategies they use to achieve change. Each component was led by two speakers followed by each table collating their contribution to eventually be released as a booklet.

Eric attended the Melbourne City U3A to support a friend and to meet and network with both City and Sale U3As.

At the Shire's luncheon at St Anne's Winery Moorabool U3A brochures were distributed around the many tables and the U3A banner was on display.

During the Seniors Festival Moorabool U3A had a cart to display at the Bacchus Marsh Village shopping centre for the whole of the Festival and for a period to the end of the month. The Saturday at the end of the Seniors Festival was our monthly Chess demonstration and promotion (see photo left).

Moorabool U3A is also seeking funding from the Shire's Community Grants Program Winter 2009 and the Australian Government Volunteer Grants 2009. Because Moorabool U3A was not incorporated at the time of application thanks must go to The Laurels for acting as Sponsor for both of these grant applications.





Tea Time Talk

Tea Time Talk (Afternoon tea with Guest Speaker) is held on the Third Monday of the Month at the Baptist Church in Holts Lane Darley at 2PM. Visitors are welcome.

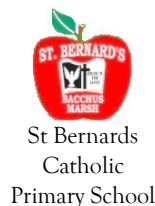
On November 16th, come along and hear a Sgt. from Bacchus Marsh Police be our guest to discuss with us a number of items including some security and safety issues and the new road rules.

There will not be a December Tea Time Talk. Next year we are planning to move the Tea Time Talk to a different day to enable those members who have other commitments at the same time to join us.

Acknowledgements



Bacchus Marsh
Village
Shopping Centre



St Bernards
Catholic
Primary School



Bacchus Marsh
Baptist
Church



Bacchus Marsh
Community College Inc.
The Laurels



Moorabool
Shire
Council

Bacchus Books and Coffee



Christmas Luncheon

Attention - Attention - Attention.

All members of Moorabool U3A are advised that there will be a Christmas luncheon to be held on Tuesday the 8th December 2009 from 12:30 pm.

More details to come later.

If interested contact Gail now.

Fun time is to be had by all.



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