



Moorabool University of the Third Age

Annual General Meeting

The first Annual General Meeting of Moorabool U3A was held on the 26th March at the Bacchus Marsh Public hall at 2PM.

The President, Eric Daws welcomed the assembled members and guests.

After apologies, the minutes of both the special General Meetings held during the previous year were confirmed as a true and correct record and the auditors report was voted to be received and accepted.

Prior to the meeting, printed reports were circulated from the President, Treasurer, class and group leaders and the launch of Moorabool U3A These

As we had a quorum of members and there were a number of vacancies on the Committee of Management, an election then took place conducted by Ross Alcock. Members of the committee are elected for a two year period with approximately half coming due to be elected each year. This year the election for President, Treasurer and two ordinary committee members were held being either due for re-election or as a result of resignations. During the election the position of Vice president became vacant.

The members of the committee elected were:-

President	Jackie Matters
Vice President	Eric Daws
Treasurer	Peter Matters
Committee	Yvonne Daws
	Jennie Leach
	Pat Liversidge
	Verna Young.

Committee members not up for re-election were Gail D'Elton—Secretary and Ross Alcock.

The keynote speaker, Councillor Russ Hendry was then called upon to give his speech.

"Today" Russ said, "I would like to talk about you - The U3A and what I see as flaws in the education system". He said that motivating the mind is stimulating and exciting as many reports indicate mind stimulation has significant health benefits and delays the onset of dementia. With the development of U3A in Bacchus Marsh "I commend you for this initiative". "Education in this age is failing our kids." He explained, that Government policies are flawed, students become complacent and disruptive and the many soft degrees are ineffective in career placement. "To solve this we have developed institutions to pick up the failings of the system in order to give them life skills. Hence the development of The

Laurels, and other similar Colleges." He explained that funding dollars "are thrown at solutions without first defining the problem". "Maths, (for example) like many subjects is not difficult once you understand the basics". Cr Russ in his closing remarks

said that "I believe that U3A has the potential to assist many of our residents in many ways. It should not become a social club but a learning club that gives members mental stimulation. It should be part of our community health program

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Craft Workshops

Moorabool U3A is seeking expressions of interest for small craft workshops. Tuition is to include card making, scrapbooking, coloured sand art, and bead worked Angels and woven bracelets amongst other things.



Philosophy

On Wednesday the seventh April at the Baptist Church, Chris Dargan presented a one off term break class on one of the subjects that he teaches, Philosophy. From the Greek Philos—Love and Sophia—wisdom; the love of wisdom. Chris gave a brief explanation of the principles of the subject and its wide application and of being a comprehensive system of reasoned belief. *Philosophy can be described as an academic discipline that seeks truth through reasoning rather than empiricism.*

(wiktionary.org)

Chris went on to describe the difference between ethics and morality. Here morality is defined as a standard of conduct set by religion or society, whereas ethics is a branch of philosophy where conclusions are derived by the application of logic to arrive at a conclusion that must be justified.



In this class, Chris then played a DVD wherein the story set an ethical problem for its characters. Stopping the DVD Chris then explained to the class that they were to divide into two groups to discuss the ethics and act as an advisory ethical committee to recommend a possible outcome around the situation as presented. Much discussion ensued.



The group was divided on the two possible actions to be taken, and highlights the difficulties involved. Chris described the ending to the DVD story and thanked the participants for attending.

Eric Daws then made a small presentation to Chris for his offer of time on this occasion. Chris has also offered to conduct another Term break class in the future.

Play Reading Group

Have you ever thought of what is required for the putting together of a play, or if it's as easy as it seems to perform? What if you have a script and you need it to come alive. **No!** We just want to get together and enjoy a little play acting (not on stage). We started with the selecting of an interesting play to read and had great fun in doing so. The first meeting of the group was held on the 23rd April and will continue on the 2nd and 4th Friday of the term from 2pm to 4pm with the exception when the class leader is away on holidays.

We may even attempt to write our own play.

U3A Noticeboard

Moorabool U3A has a noticeboard at the Village Shopping Centre in a shop window facing the Post Office car park.



Old age is 15 years older than I am.

Credited to many authors.

April Tea Time Talk

Lynne Boyer, Membership Consultant at the Bacchus Marsh Leisure Centre was our Guest Speaker at our April Tea Time Talk.

She spoke about how being active can improve the quality of life as you get older and help you to stay healthy and maintain as much strength and functionality as possible. The Leisure Centre runs an Over 55's Health and Wellness Program on Tuesday, Thursday and Friday mornings. To experience its benefits, we have been invited to a special FREE trial for U3A on Friday 4th June from 10am to 11am at the Bacchus Marsh Leisure Centre, 5-15 Labilliere St. from 10am to 11am followed by a morning tea. Please go along and try it out. For catering purposes, please let Gail (Tel: 0407 569 312) know if you are interested. Gail also has brochures and other information if you are interested.

A.G.M. continued

and be given recognised support by Council through the community." At the end of his speech Eric presented a small thankyou gift to Councillor Russ Hendry.

Dennis Wright was announced as the auditor for the ensuing year, and annual subscription fee for 2010 is \$30.

Certificates were presented to members of the Steering and Inaugural Management Committee as an acknowledgement of their work.

Eric then gave a recitation from the Mikado on a theme of "I've got a little list".

Lynne Boyer of Bacchus Marsh Leisure Centre was asked to give an explanation on the over 55s health and wellness program. Lyn was the guest speaker at the April Tea Time Talk. (see above)

A reminder of classes being held during the second term was supported by Margaret Carmichael-Leonard who gave a description of her class and Judy Alcock presented a show and tell of the work carried out by the members of her Quilting group.

With an invitation to mingle over refreshments the meeting was closed.

Ballan Harvest festival

Moorabool U3a for the first time attended the Ballan Harvest Festival. What started out to be a damp drizzly day turned into a bright interesting experience. Out of our visit for the Ballan Hospital open day last year, we were encouraged to apply for a table at the harvest festival. to promote the U3A. Our usual crowd pleaser was the Chess games we conducted on the footpath chess board with the large chess pieces. See the photo on page 19 of the Moorabool News, top right hand corner, March 30th edition. Thanks go to Chris Dargan for his help in this venture.

Creative Writing for 3rd Term

A number of people have shown an interest in the class but have not registered. To enable the class to start and for those already registered be able to attend we must fulfil minimum numbers required.

Margaret Carmichael-Leonard a Bacchus Marsh resident, ex secondary school teacher and winner of the 2009 Morning Peninsula Fellowship of Australian Writers Short story Competition (amongst other things) is taking the class on Creative Writing to start in the 3rd Term. Please register now.

Genealogy

Genealogy can be defined as an account or history of the descent of a person or family from an ancestor; listings of ancestors and their children in the natural order of succession; a pedigree. That's the wordy definition, put simply—a family tree. Are you interested in joining a group to investigate your own ancestral background, or learn how others have carried out their own research. Please register now, we have a number of people ready to join you in this very interesting exploration.

If you can't have your cake and eat it too,
what's the point?

Originally "wolde you bothe eate your cake, and have
your cake?" circa 1546



Acknowledgement

Moorabool U3A Inc. wishes to acknowledge the support of the following organisations.



Department of Planning
and Community Development
and
Adult Community & Further Education.



Department of Planning
and Community Development



Bacchus Marsh
Village
Shopping Centre



Bacchus Marsh
Retirement Living.



Bacchus Marsh
Community College Inc.
'The Laurels'



Bacchus Marsh
Rotary
Club



Moorabool Shire
Council
2009 Winter Grant.



Catherine King MP
Federal Member for
Ballarat



St Bernard's
Catholic
Primary School



Bacchus Marsh
Baptist
Church

Baby Black
Church Street

Darley
Neighbourhood
House



The Avenue
Bowling Club



Bacchus marsh
Primary School

Diary Notes

Please place the following dates in your diary .

- 1 An informal afternoon tea is being held on Friday 21st May at The Loot Café 2:00 to 4:00pm. This activity has become very popular.
- 2 The Tea Time Talk morning tea will be held on Wednesday the 26th May at 10am. An interesting Guest speaker is being arranged. If you know of any interesting speakers please tell Gail.
- 3 Chess demonstration and promotion at the Bacchus Marsh Village Shopping Centre, 4th Saturday of the month.

Any other items will be in the next newsletter or on the noticeboard off the Post Office car park.

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