

WATSON

24/04/2020

Hello members

Hope you are all keeping well and finding things to do under our current isolation conditions. As you are aware, all face to face activities have ceased until we have been advised by our government that it is safe to resume and continue as we did before COVID-19.

Some Team Leaders, where it has been possible, have organised group contact/sessions through Email, Zoom and text messages. Discussion group had a successful session via zoom and Thursday book club are going to try it also.

Our two language groups are keeping in touch by email and some of our other groups are doing the same. The people that attend Games were sent an email advising them they can access board games on google 'free board games'. Also Google has free e-books for those that are running out of reading material.

Team Leaders that would like to share what they and their groups are doing to stay in touch are very welcome to send me an email and we will share on next Watson.

If anyone has any innovative ideas on how they are spending their time in isolation and would like to share please do so, Sharon and I would like to pass on any good ideas to our members.

I have never been as lost for things to write in Watson as I am today, under usual circumstances, there is always something happening and always things to share with our members.

For those that haven't paid their membership fees as yet, the end date has been extended to 1st May 2020, please see membership form in attachment.

I am sure, we are all looking forward to end of this pandemic and the return to some sort of normal.

Please take care and stay safe, be kind and smile. We are all in this together.

Community Events:

Anzac Day:

Even Anzac day will be celebrated in a different manner this year. We are all encouraged to stand in our drive ways (safe distancing) with a lit candle for 1 minute silence at dawn on this Saturday 25th April. I plan to take out my portable radio to listen to the 'Last post' bugle and broadcast from 'The Shrine'. It will also be broadcast on television.

Darley Neighbourhood House:

This email came from Darley Neighbourhood House:

Just letting you know, Leticia our Yoga/Meditation Tutor is running some classes online through Facebook & YouTube go to *Meditare Centre*.

These are the days/times the classes are held, if anyone in U3A is interested.



Any queries regarding the above, please contact either

- Helen on 0400 143 392 or email: hb.brown@bigpond.com
- or
- Sharon on 0407 480 207 or email: secretary@u3abacchus.org.au